PBO 930022142 NPO 049-191

Mini-mental state examination

Folstein M. F., Folstein, S., McHugh, P.R. 1975.
Mini-mental state:a practical method for grading the cognitive state of patients for the clinician.
J. Pschiatr. Res. 12:189-98

Date: _____

Orientation:		Score	Point
1. What is the:			
	Year?	_____	1
	Season?	_____	1
	Month?	_____	1
	Day?	_____	1
	Date?	_____	1
2. Where are we:			
	Country?	_____	1
	Province?	_____	1
	Town or City?	_____	1
	Hospital?	_____	1
	Ward?	_____	1

Registration

3.	Name three objects, taking one second to say each. Then ask patients to repeat all three after you have said them. Give one point for each correct answer. Rehearse the answers until patient learns all three.	_____	3

Attention and calculation

4.	Serial sevens. Give one point for each correct answer. Stop after five answers. Alternate: Spell WORLD backwards.	_____	5

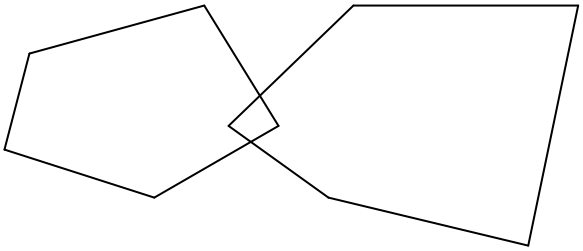
Recall

5.	Ask for the names of the three objects learned in question 3 above. Give one point for each correct answer.	_____	3

Language

6.	Point to a pencil and a watch. Have the patient name them as you point.	_____	2
7.	Have the patient follow a three-stage command: "Take this paper in your right hand. Fold the paper in half. Put the paper on the floor."	_____	3
8.	Have the patient repeat "No ifs, ands or buts.	_____	1
9.	Have the patient read and obey the following: "Close your eyes". (Write it in large letters).	_____	1
10.	Have the patient write a sentence of his or her choice. (The sentence should contain a subject and an object, and should make sense. (Ignore spelling errors when scoring).	_____	1

11. Have the patient copy the design printed below. (Give one point if all sides and angles are preserved and if the Intersecting sides form a diamond shape.) _____ 1



TOTAL 30

Tests results

Early stage dementia	**-**	**between 18 – 26**
Moderate dementia	**-**	**between 12 – 18**
Severe dementia	**-**	**12 and less**

This is a basic guide.

Notes:

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