



Support Group

The Aim

The group will attempt to provide the opportunity for carers of people with dementia to meet and share experiences. The group will encourage open and honest discussion within a safe environment. The carer's role will be validated and the group will attempt to minimise carer isolation.

Function

The models of support will be a combination of self help, education and recreation. The emphasis will shift depending on members' needs but each model will be deemed equally important. The group will operate as an open group and new members will be introduced to the group individually.

The format of each support group will operate according to the needs of the carers attending.

Leadership

Professional leadership will be provided by Dementia SA.

Ground Rules

These will help the group focus on what is appropriate to say or do within the group.

1. Confidentiality is maintained within the group
2. All views expressed are equally valid
3. Each member has the right to silence

Members will avoid side conversation while someone else is speaking.

Please contact the DEMENTIA SA Office

Support | Awareness | Education | Counseling | Training | Resource centre | Advocacy
info@dementiasa.org or support@dementiasa.org www.dementiasa.org

National Helpline 0860 MEMORY / 0860 636 679



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2. All views expressed are equally valid
3. Each member has the right to silence
4. Members will avoid side conversation while someone else is speaking.
5. Facilitators will encourage membership to Dementia SA.
6. Some personal data will be kept on file. This may not, under any circumstances, be made available to any person/persons/organisations/companies or research groups without the prior consent of Dementia SA and the family.

This will include: Name: Address: Telephone number:

Special instructions – relationship to sufferer.

The Board of Dementia SA will be informed of the function of the group, location, numbers attending and how often the group meets.

Dementia SA adheres to the principles of the Privacy Act.

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Notes:

Contact us:

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8018

Tel: (021) 421 0077/78
Email: info@dementiasa.org
Or support@dementiasa.org



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