



PBO 930022142 NPO 049-191

**IZIMPAWU ZOKUQALA EZIYISHUMI
EZIYISIXWAYISO SESIFO I-ALZHEIMER'S
NESOKUWOHLOKA KOMQONDO**

- 1. Ukukhohlwa izenzakalo zamuva okuthinta amakhono omsebenzi**
- 2. Ukuba nobunzima ekwenzeni imisebenzi ejwayelekile**
- 3. Izinkinga zolimi**
- 4. Ukulahlekelwa umuzwa wesikhathi nendawo**
- 5. Ukungabikho noma ukuncipha kwekhono lokwahlulela izimo**
- 6. Ukuba nenkinga ngokucabanga ngezinto ongenakuzibona ngamehlo**
- 7. Ukukhohlwa lapho ubeke khona izinto**
- 8. Ukuguquguquka kwemizwelo noma kwendlela yokwenza izinto**
- 9. Ukushintsha kobuntu**
- 10. Ukuphelelwa umdlandla wokwenza izinto**

Please contact the DEMENTIA SA Office

Support | Awareness | Education | Counseling | Training | Resource centre | Advocacy
info@dementiasa.org or support@dementiasa.org www.dementiasa.org

National Helpline 0860 MEMORY / 0860 636 679

Notes:

Contact us:

3rd Floor,
State House,
3 Rose Street,
Cape Town

P.O. Box 16421
Vlaeberg
8018

Tel: (021) 421 0077/78
Email: info@dementiasa.org
Or support@dementiasa.org



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